

**C.O.R.E. Meeting Minutes**  
**November 16, 2006**  
**O.P.C.**

**Attending:** Micheline Somers, Jane Hoyle, Susan Vidican, Mary Kopchick, Elspeth Coats, Linda Sheets, Ellen Kiete, Karen Miller, Nancy Stocking, Barb Barnes, Jim Kennedy, Nancy Mooneyham, Lucy Strand, Deborah, Ciavattone, Sharon Collins, Janet Trimbath, Nicole Rossi, Shelley Sweier

**Call to order:** The meeting was called to order at 8:20 AM by Micheline Somers

**Announcements and Community Events:** Members introduced themselves and their organizations and announced what they have going on at this busy time of year.

**Committee Reports:**

Membership : Sharon Collins distributed the Membership Guide and the current list.

Events: Jim Kennedy spoke about getting your organization's information on to the Long-Range Planning calendar. E-mail the info to John White and also send him an e-mail telling him you sent it since we did have some things lost in cyberspace. Be as specific as you can with addresses of your events and activities. Please get your events in as soon as possible so it can be edited and corrected if necessary.

We still have a January calendar so, even though there is no December meeting, be sure to get in the January events.

E-mail the calendars to all your organization members!

Programs: Nancy Mooneyham asked everyone make suggestions for programs they would like to hear. A form is being provided for your submission.

**C.O.R.E. Business:** Sign up for hosting meetings next year. A sign-up sheet is going around

**Program:** De-Stressing the Holidays, presented by Kasia Dryja, PTA of Family Home Health Services. She gave us some stress reducing tips and played a relaxation tape.

**Host Presentation:** Sharon Collins talked about OPC and its upcoming Holiday Open House.

She also talked about the on-going discussion of whether or not people younger than 60 can participate in OPC programs.

Sharon also told us about the many trips that OPC sponsors and encouraged us to participate in them. Kelli Merlo spoke to us and we all received a calendar of their trips.

**Adjournment:** The meeting was adjourned at 9:23 A.M. There is no meeting in December. Happy Holidays to all!

Janet Trimbath, Recording Secretary